

NO-COST VACCINATIONS:

Stay Well with an Ounce of Prevention

Avoiding illness is always a good plan. Flu, shingles, whooping cough and many other conditions can be avoided with immunizations covered by your pharmacy benefit. Best of all, now is the time to get the immunizations your family needs, right in your neighborhood and at no cost.

Chain Pharmacy Immunizations

Chances are, there is a pharmacy near you that is part of this program, including the well-known chains. Just call the pharmacy to ask about vaccines offered, hours of operation and other details. Appointments are often not required. Be sure to take your ID card with you when you visit!

Preventive immunizations listed below are available at no cost.*

- ▶ Hepatitis A
- ▶ Hepatitis B
- ▶ Herpes Zoster (Shingles)
- ▶ Human Papillomavirus (HPV)
- ▶ Influenza
- ▶ Measles, Mumps, Rubella
- ▶ Meningococcal
- ▶ Pneumococcal
- ▶ Varicella
- ▶ Diphtheria, Tetanus, Pertussis
- ▶ Haemophilus influenzae type b
- ▶ Inactivated Poliovirus
- ▶ Rotavirus

Take Charge of Your Health

- ▶ See your doctor for an annual preventive visit
- ▶ Follow up on any necessary screenings or tests
- ▶ Lead a healthy, active lifestyle
- ▶ Talk with your doctor about which immunizations are right for you

Immunizations Made Easy

Although many people think that their childhood immunizations will protect them for a lifetime, that is not always the case. Look at your immunization record periodically with your doctor to learn what is recommended to protect your health, and take advantage of this program for an easy, inexpensive approach for a healthier future.

*Immunization schedules vary based on individual factors such as age, health conditions, allergies and more. Speak with your healthcare provider before receiving vaccinations. Additional information on vaccines is available from the Centers for Disease Control and Prevention (CDC) at 800-232-4636 or www.cdc.gov/vaccines.

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