



## LOCAL 36 BENEFIT FUNDS

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Dear Participant,

Please reference the following information when seeking services related to sleep studies:

Sleep apnea is a common medical issue and many Americans undergo sleep studies to determine if a CPAP machine or medication or other treatment is appropriate. The cost of sleep studies varies significantly based upon the provider; facilities connected with hospitals can be five to ten times the cost of free-standing facilities. To control costs to both participants and the Plan, the Fund Office has negotiated a preferred network of facilities for sleep studies.

Sleep studies conducted in connection with the diagnosis and treatment of conditions such as sleep apnea are covered as follows:

- a) Pre-authorization for sleep studies, typically obtained from the provider of services, must be done by the Fund Office;
- b) Except as set out below, sleep studies will only be covered when performed or billed by a free-standing facility (not when performed or billed by a hospital or hospital-based facility); and
- c) Sleep studies will be covered in a hospital only when administered during a confinement under circumstances where the tests cannot be performed after discharge.

The amount the Plan will pay for a sleep study depends on where it is performed:

- ✓ Sleep studies performed or billed by a facility in the preferred network are covered at 100% without a deductible or co-insurance;
- ✓ Sleep studies performed at a free-standing facility that is in the plan's general provider network but not in the preferred network are subject to the general in-network deductible and a co-insurance based on the network status of the provider under the applicable schedule of benefits; and
- ✓ Sleep studies at out-of-network providers are not covered.

***Remember sleep studies must be pre-certified by the Fund Office. When you or your physician call for pre-certification the Fund Office will help you locate a preferred provider.***

Please feel free to call the Fund Office at (314) 652-8175 with any questions you may have regarding this benefit.

Respectfully,  
Fund Office Staff